

## DHANRAJ BAID JAIN COLLEGE

(AUTONOMOUS)



Owned and Managed by Tamil Nadu Educational and Medical Foundation

Approved by Government of Tamil Nadu , Affiliated to the University of Madras

Rajiv Gandhi Salai, IT Corridor, Thoraipakkam, Chennai- 600 097, Tamil Nadu.

**Criteria V: Student Support and Progression** 

## 3.Life Skills (YOGA,Physical fitness,Health and Hygiene,Self-Employment and Entrepreneurial Skills)

S.No	Name of the capability Enhancement Program	Date of Implementa tion (DD-MM- YYYY)	Number of Student Enrolled	Name of the agencies/experts involved with contact detail (if any)	Link to the activity report hosted on the institutional website
1.	Self Awareness	10/10/2022	69	Dr.Shriram K	<u>View</u>
				Assitant Professor	
				The New College, Chennai.	
				profsk93@outlook.com	
2.	Teamwork & Time- Management	14/10/2022	55	Dr.M.Megala	<u>View</u>
				Assitant Professor	
				Dhanraj Baid Jain	
				College,Chennai.	
				megalapalanivel@gmail.com	
3.	Technical Advancement in Business Development	19/11/2022	70	Mr.S.Koushik	<u>View</u>
				Founder and CEO	
				Nunmaan systems and	
				solutions Pvt. Ltd.,chennai.	
				thesmarthive.in@gmail.com	



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4.	Personality Enrichment	24/11/2022	70	Mrs. Valliselvaraju CSR Manager, RIPE Consulting Services Pvt Ltd, Chennai.(9962514034)	<u>View</u>
5.	Fitness for Life (YOGA)	20/01/2023	75	Mr.Yoga Kumar, Yoga instuctor , arocikyabharathi, (8667407877)	<u>View</u>



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