

DEPARTMENT PROFILE

List of Physical Education Director's

1. C.Eswaran – 1972 -2000
2. Dr.R. Desingurajan – 2001 to Till Date

STAFF MEMBERS

1. Dr. R.Desingurajan
M.A., M.P.E.S., M.Phil., Ph.D. N.I.S (Volleyball)
Director of Physical Education.

SUPPORTING STAFF

1. N.Balaraman – Groundsmen
2. P.Kanagaraj – Groundsmen

OBJECTIVES OF PHYSICAL EDUCATION

"Empower themselves by setting and working towards realistic individual Goals Participate in a motivating and nurturing environment well - being and Self-esteem. Participate in active learning to stimulate continued enquiry about health and Fitness. Objectives of Physical Education are to help individuals become physically fit, develop Character, learn skills and become knowledgeable about Sports and health".

AIMS OF PHYSICAL EDUCATION

"The Aims of physical Education are to enable the student to appreciate and understand the value of Physical Education and its relationship to a healthy, active life style".

VISION

The department's vision is to render physical Education Programmer for the wholesome development of soft and hard skills in the individuals in order to thrive in the Present competitive world and preparing youth for nation building.

CODE OF SPORTS ETHICS

"The goal in sportsmanship is not simply to win, but to pursue Victory with honor by giving one's best effort. Ethics in sport request four key virtues: fairness integrity, responsibility coaches must follow established rules and guidelines of their respective sport".

SPORTS POLICY

POLICY:

- The physical education department brings out the budding professionals to make them physically, mentally, emotionally, and intellectually top in their field through intensive sporting programmers and excellent sporting facilities.
- The college provides an environment which facilitates the optimal efficiency and effectiveness for the emerging dynamic students.
- The college provides the best sporting and coaching facilities to groom the enormous potential lying hidden amongst the students.
- The college provides education outside the classroom which includes health, safety and discipline.

OBJECTIVES:

- The physical education department makes efforts to make the students physically as well as mentally fit by giving proper guidance and training.

PROCEDURES:

- After the admission, a circular is sent to all the first year departments asking their area of interest in sports and games.
- A circular is issued requesting students to inform about their school/college level participation (i.e. whether they have played district, divisional, national level.)
- The physical director associates with national or state level coaches to impart training for various sports and games.
- As per the management's approval, few students are admitted through sports quota and are eligible to participate in team sports without selection

INTER COLLEGIATE SPORTS EVENTS:

- After the admission, a circular is sent to all the first year the students are formed as batches for every event and the training is given under the guidance of the physical director.
- Wherever special practices are required, specialist in that particular game/event is called to train the students.
- The training / practice are planned, without disturbing the classes. Wherever special training/practice is required, the same is intimated to the concerned HOD and the permission is obtained to permit the students.

SELECTION OF STUDENTS:

- Soon after the date and venue of the event is finalized, the candidates are short listed as teams with sufficient number of substitutes, for each event.
- Then a final list is prepared with respect to the year, event, and department.
- The Physical Director informs the concerned faculty-in-charge, HOD and Principal about the events.
- The students are asked to All the OD forms for taking part in the events. It is approved by. Physical Director and submitted to the concerned HOD and faculty-in-charge.
- Depending upon the number of students the transport is arranged for the students.

REPORT:

- After returning from the Inter-College Sports Event, the Physical Director prepares a detailed. Sports event report, which consists of the events (sports & games) in which the students have participated, the number of rounds they won, the prizes won with the list of prize winners. .
- The report is given to the Principal within 5 days after completion of the event

SPORTS DAY

- Every year during the month of February, D.B. Jain College, celebrates the Sports day. Participating students are split into batches depending upon their proficiency in the events. . The Physical Director discusses with Principal and HODs to chart out the dates for each event (Sports & Games) without affecting any of the classes. It is displayed in the College and Department notice board.
- Outside referees (wherever required) are invited to help in conducting the event.
- The faculty members are also given responsibilities like conducting matches, short listing the candidates for conducting events.
- The students in the Sports Committee are formed in batches and they are given work like marking the courts, making the ground ready for matches and helping to conduct events.
- During the conduct of matches and other events, the staff nurse inside the college campus is intimated and made available near the tournament venue, so that in case of any injury it can be treated immediately.
- After making all the necessary arrangements, the matches/events are conducted as per the schedule and the names of the winning team/ candidates are noted down.
- In-case of any natural calamities like flood, the students are informed as to when the particular or group of sports events would be conducted.
- The short listing of running and other events are completed before the Sports Day.

MAINTENANCE OF PLAY FIELDS

INDOOR STADIUM

- Daily sweeping and moping
- Maintenance of flood lights
- Clearing weight training equipment ▸
- Cleaning of store room.
- Maintaining equipment's properly ▸
- Verifying stock ▸
- Maintenance of water tap
- Maintenance of electrical items i.e. Fan, tube lights, exhaust fan etc.

OUTDOOR PLAY FIELDS

- maintenance of play fields with proper watering, rolling and marking
- cleaning grasses by grass cutter
- painting of goal post and other posts
- cleaning of gallery
- maintenance of athletics track, football goal post, cricket pitches by watering & rolling marking play fields for daily practice
- keeping equipment's proper place after regular practice

PHYSICAL EDUCATION AND SPORTS CALENDAR

June – July

- ❖ Physical Education Classes - Distributed according to strength Daily and Week end.
- ❖ Sports selection tails, coaching and training
- ❖ Formation of teams
- ❖ Attending meeting of various tournaments.
- ❖ Sports men meeting and counselling
- ❖ Arranging practice matches.

August-September

- ❖ Physical Education Classes - Distributed according to strength Daily and Week end.
- ❖ Buck Memorial tournament
- ❖ University of Madras Zonal & Inter zonal.
- ❖ Inter class matches for students.

October

- ❖ University of Madras Zone & Inter Zonal competition

November

- ❖ University of Inter Zonal and District and State level tournaments.

December

- ❖ ATU competition.

January

- ❖ Physical Education classes-Distributed according to strength Daily and Week end.
- ❖ Inter class competition
- ❖ Extramural tournaments.

February-March

- ❖ Physical Education classes-Distributed according to strength Daily and Week end
- ❖ Annual Sports.
- ❖ Yearend administrative work.

April-May

- ❖ Summer coaching camp
- ❖ General: Duties in Test, international editions.
- ❖ Taking students to National and International competition venues.

WORK LOAD

- ❖ Physical Education and yoga classes
- ❖ Administrative work.
- ❖ Intramural, Extramural competitions and Annual Sports
- ❖ Team practice and accompanying teams for tournaments.
- ❖ Organizing tournaments
- ❖ Zonal and University assignments
- ❖ Supervising sportsman in and out the campus.
- ❖ Professional upgradation.
- ❖ Attending meeting in campus and out campus.
- ❖ Principal's assignment and instruction
- ❖ Examination Work
- ❖ Counselling
- ❖ Community sports activity.
- ❖ Joint sports venture work with SDAT and SAI.
- ❖ Placement Guidance.

Daily Working Hours : 06:30hrs to 19:00hrs

Tournaments and Meet Days : 06:30hrs to 22:00hrs