

DR.R.DESINGURAJAN- PROFILE

Name : Dr. R. Desingurajan
Designation : Director of Physical Education
Working Place : D.B. Jain College (Autonomous)
Chennai.
Qualification : M.A., M.P.E.S., M.Phil., Ph.D. N.I.S (Volleyball)

Educational Qualifications:

Board	Year of passing	Overall percentage	Class / Division
SSLC	March 1986	47.60	Second Class
HSc	March 1988	63.50	First Class

Degree	Specialization	University	Percentage	Year of Passing
B.A.	History	Loyola College University of Madras	54.87	April 1991
M.A	History	Annamalai University	50.75	May 1997
M.P.E.S	Physical Education	Annamalai University	64.25	April 1993
M.Phil	Physical Education	Annamalai University	62.20	June 1995
Ph.D	Physical Education	Annamalai University	-	February 2005
NIS	Volley Ball	SAI South Centre, Bangalore	70	May 1995

CSC Computer Education India	Certificate Course in MS Office
------------------------------	---------------------------------

Academic Distinction, if any Awards : **NIS (Volleyball)** (1994-95 Batch Topper)
: **LEGENDARY JEPPIAAR ELITE SPORTS AWARD**
(For priceless and glorified service to Sports for decades - 2024)

Experience - **26 Years**

Sl. No	Institute/ University	Designation	Duration		Service in years	Permanent/ Temporary/ consolidated
			From	To		
1	M.N.M.Jain Engineering College, Chennai.	Director of Phy. Edn.	01.06.1998	31.05.2001	3 Years	Temporary
2	D.B.Jain College, Chennai.	Director of Phy. Edn.	20.06.2001	Till date	23 Years	Permanent

Current Employment Details

Name of the Organization	D.B.Jain College, Chennai Autonomous College Government – Aided Institution (State Government)
Post Held	Director of Physical Education
Grade	Associate Professor Grade
Pay Band	Level – 13A
Date Appointment	20.06.2001
Whether State / Central Govt./PSU / Private	State Government

Research Guide ship (University of Madras):

Programme	Awarded	Submitted	In progress
Ph. D	8	2	6
M.Phil	10	-	-

Sports Achievements

Sl. No	NAME OF THE EVENT/SPORTS	LEVEL	POSITION / ACHIEVEMENT	YEAR
1	Volleyball	VIIIth Mini National School Games – Maharashtra	Participation	1985
2	Volleyball	Bharathiyar Day Games-District	Winners	1987
3	Volleyball	Madras University South Division	Runner-up	1989
4	Volleyball	Madras University South Division	Winners	1990
5	Volleyball	Madras University South Division	Third	1991
6	Volleyball	Madras University South Division	Winners	1988
7	Volleyball	IIT Sports Fest Inter Collegiate Level	Winners	1990
8	Volleyball	All India Inter Collegiate IIT	Third	1991
9	Volleyball	South Zone Inter University, Palai, Kerala (Annamalai University)	Participation	1991
10	Volleyball	South Zone Inter University, Calicut, Kerala (Annamalai University)	Third	1992
11	Volleyball	South Zone Inter University, Dharwad, Karnataka (Annamalai University CAPTAN)	Pre Quarter Finals	1993
12	Volleyball	Tamil Nadu State Physical Education Tournaments	Winners	1993
13	Volleyball	Tamil Nadu State Physical Education Tournaments	Winners	1994

Research Project undertaken (infrastructure)

Sl.No	SPONSOR S NAME	PROJEC T TITLE	AMOUN T TITLE	AMOUNT SANCTIONED	PERIOD OF PROJEC T	YEAR OF COMPLETION
1	UGC 11 th Plan	Indoor Stadium	2 Crores	70,00,000/-	2012-2014	2014
2	UGC 11 th Plan	Sports Equipment's	19 Lakhs	19,00,000/-	2014	2014

Organization of Tournaments

Convenor

S. NO	LEVEL OF TOURNAMENT	PERIOD		NUMBER OF DAYS	NATURE OF DUTIES
		FROM	To		
1	Madras University A-Zone Tournaments and sports Committee.	2009	2011	2 years	Convenor
2	Madras University A-Zone Tournaments and Sports Committee.	2017	2019	2 years	Convenor
3	Madras University A-Zone Tournaments and sports Committee.	2023	2026	3 years	Convenor

South Zone Inter-University Tournaments

S. No	LEVEL OF TOURNAMENT	PERIOD		NO. OF DAYS	NATURE OF DUTIES
		FROM	To		
1	South Zone Inter University Kabaddi Tournament for Women	25.09.2011	28.09.2011	4	Local organizing Secretary
2	South Zone Inter University Kabaddi Tournament for Men	18.01.2013	23.01.2013	6	Local organizing Secretary
3	South Zone Inter University Volleyball Tournament for Women	26.12.2014	30.12.2014	5	Local organizing Secretary
4	South Zone Inter University Football Tournament for Women	20.02.2016	25.02.2016	6	Local organizing Secretary

All India Inter University Tournaments

SL. NO	LEVEL OF TOURNAMENT	PERIOD		NO. OF DAYS	NATURE OF DUTIES
		FROM	To		
1	All India University Kabaddi Tournament for Men	24.01.2013	28.01.2013	5	Local organizing Secretary
2	All India University Football Tournament for Women	26.02.2016	02.03.2016	5	Local organizing Secretary

Madras University A-Zone, Inter-Zone & State Level Inter College Tournaments.

S.No	LEVEL OF TOURNAMENT	PERIOD		No. of Days	NATURE OF DUTIES
		From	To		
1	Madras University InterZone Volleyball Tournament - Men	06.09.2024	07.09.2024	2	Local organizing Secretary
2	Madras University A Zone Badminton Tournament - Men	10.09.2024	11.09.2024	2	Local organizing Secretary
3	Madras University A-Zone Inter Collegiate Football Tournament	19.08.2024	22.08.2024	4	Local organizing Secretary
4	Madras University InterZone Volleyball Tournament - Men	21.08.2023	22.08.2023	2	Local organizing Secretary
5	Madras University A Zone Badminton Tournament - Men	28.08.2023	29.08.2023	2	Local organizing Secretary
6	Madras University A-Zone Inter Collegiate Football Tournament	04.09.2023	06.09.2023	3	Local organizing Secretary
7	Madras University InterZone Volleyball Tournament - Men	22.08.2022	23.08.2022	2	Local organizing Secretary
8	Madras University A Zone Badminton Tournament - Men	07.09.2022	08.09.2022	2	Local organizing Secretary
9	Madras University A-Zone Inter Collegiate Football Tournament	19.09.2022	21.09.2022	3	Local organizing Secretary
10	Madras University InterZone Volleyball Tournament - Men	24.10.2021	25.10.2021	2	Local organizing Secretary

11	Madras University Inter zone Volleyball Tournament - women	28.10.2021	29.10.2021	2	Local organizing Secretary
12	Madras University A Zone Badminton Tournament - Men	04.11.2021	05.11.2021	2	Local organizing Secretary
13	Madras University A zone Kabaddi Tournament - Men	16.11.2021	17.11.2021	2	Local organizing Secretary
14	Madras University A-Zone Inter Collegiate Kho-Kho Tournament	05.12.2019	06.12.2019	2	Local organizing Secretary
15	Madras University A-Zone Inter Collegiate Football Tournament	16.09.2019	17.09.2019	2	Local organizing Secretary
16	Madras University Inter Zone Football Tournament	09.10.2019	11.10.2019	3	Local organizing Secretary
17	Madras University A-Zone Kabaddi Tournament	03.09.2019	04.09.2019	2	Local organizing Secretary
18	Madras University Inter Zone Kabaddi Tournament	09.10.2019	10.10.2019	2	Local organizing Secretary
19	Madras University A-Zone Inter Collegiate Cricket Tournament	26.09.2019	28.09.2019	3	Local organizing Secretary
20	Madras University A-Zone Inter Collegiate Badminton Tournament	29.08.2019	30.08.2019	2	Local organizing Secretary
21	Madras University Inter Zone Badminton Tournament	04.09.2019	05.09.2019	2	Local organizing Secretary
22	Madras University Inter Zone Volleyball Tournament for Women	18.10.2019	18.10.2019	1	Local organizing Secretary
23	Madras University Inter Zone Volleyball Tournament for Men	23.10.2019	24.10.2019	2	Local organizing Secretary
24	Madras University A-Zone Inter Collegiate Kabaddi Tournament for Women	18.09.2019	18.09.2019	1	Local organizing Secretary
25	Madras University A-Zone Inter Collegiate Badminton Tournament for Men	16.08.2019	17.08.2019	2	Local organizing Secretary

26	Madras University A-Zone Inter Collegiate Football Tournament for Men	03.09.2018	05.09.2018	3	Local organizing Secretary
27	Madras University A-Zone Inter Collegiate Kabaddi Tournament	23.08.2018	24.08.2018	2	Local organizing Secretary
28	Madras University Inter Zone Collegiate Volleyball Tournament for Men	06.09.2018	07.09.2018	2	Local organizing Secretary
29	Madras University Inter Zone Collegiate Volleyball Tournament for Men	22.10.2018	23.10.2018	2	Local organizing Secretary
30	Madras University A-Zone Inter Collegiate Cricket Tournament for Men	16.08.2018	19.08.2018	4	Local organizing Secretary

Organization of Coaching Camp

S. No	GAME	PERIOD		NO. OF DAYS	NATURE OF DUTIES
		FROM	TO		
1	Tamil Nadu Junior State Volleyball Team	03.01.2006	12.01.2006	10	Coach
2	Tamil Nadu Junior State Volleyball Team	01.01.2007	10.01.2007	10	Coach
3	ISPA Summer Coaching Camp-Tiruchengode	16.04.2014	27.04.2014	12	Coach
4	ISPA Summer Coaching Camp – SDAT, Chennai	29.04.2014	25.05.2014	27	Coach
5	ISPA Summer Coaching Camp-Tiruchengode	16.04.2015	26.04.2015	11	Coach
6	ISPA Summer Coaching Camp, Tiruchengode	16.04.2017	23.04.2017	8	Coach
7	ISPA summer Coaching Camp, IIT, Madras	21.04.2017	21.05.2017	31	Coach
8	ISPA Summer Coaching Camp - Coorg, Karnataka	26.03.2018	14.04.2018	20	Coach
9	ISPA Summer Coaching Camp-Tiruchengode	15.04.2018	24.04.2018	10	Coach
10	Kanchipuram District Junior Boys Volleyball Team	16.12.2006	26.12.2006	10	Coach

11	Kanchipuram District Junior Boys Volleyball Team	24.11.2008	03.12.2008	10	Coach
12	Kanchipuram District Sub - Junior Boys Volleyball Team	20.09.2008	30.09.2008	10	Coach
13	Kanchipuram District Senior Boys Volleyball Team	14.12.2008	23.12.2008	10	Coach

University of Madras

S. NO	GAME	PERIOD		NO. OF DAYS	NATURE OF DUTIES
		FROM	TO		
1	Madras University Volleyball Men Team	30.10.2018	08.11.2018	10	Coach
2	Madras University Volleyball Women Team	15.10.2018	22.10.2018	8	Coach
3	Madras University Kabaddi Men Team	01.12.2018	20.12.2018	20	Asst. Coach
4	Madras University Volleyball Women Team	25.11.2019	04.12.2019	10	Coach
5	Madras University Kabaddi Men Team	01.12.2019	10.12.2019	10	Asst. Coach
6	Madras University Volleyball Men & Women Team	01.11.2019	04.11.2019	4	Coach
7	Madras University Volleyball Men Team	16.11.2019	25.11.2019	10	Coach
8	Madras University Volleyball Men Team	01.11.2021	06.11.2021	5	Coach
9	Madras University Volleyball women Team	12.11.2021	16.11.2021	5	Coach
10	Madras University Volleyball Men Team	17.10.2022	26.10.2022	10	Coach
11	Madras University Volleyball women Team	21.11.2022	27.11.2022	7	Coach

12	Madras University Volleyball Men Team	15.11.2023	24.11.2023	10	Coach
13	Madras University Volleyball women Team	11.12.2023	17.12.2023	7	Coach
14	Madras University Summer Coaching Camp – Volleyball	17.05.2001	06.06.2001	21	Asst. Coach
15	Madras University Summer Coaching Camp – Volleyball	20.05.2003	09.06.2003	21	Asst. Coach
16	Madras University Summer Coaching Camp – Volleyball	10.05.2004	30.05.2004	21	Asst. Coach
17	Madras University Summer Coaching Camp – Volleyball	15.05.2005	04.06.2005	21	Asst. Coach
18	Madras University Summer Coaching Camp – Volleyball	18.05.2006	07.06.2006	21	Coach
19	Madras University Summer Coaching Camp – Volleyball	20.05.2007	09.06.2007	21	Coach
20	Madras University Summer Coaching Camp	15.05.2008	04.06.2008	21	Coach
21	Madras University Volleyball team for men & women TRI University, Mumbai	01.02.2007	11.02.2007	11	Coach
22	Madras University Volleyball team for men	01.12.2003	10.12.2003	10	Asst. Coach
23	Madras University Volleyball team for men	25.11.2004	04.12.2004	10	Asst. Coach
24	Madras University Volleyball team for men	24.12.2005	03.01.2006	11	Asst. Coach
25	Madras University Volleyball team for men	18.01.2006	27.01.2006	10	Asst. Coach
26	Madras University Volleyball team for men	14.11.2006	23.11.2006	10	Asst. Coach

27	Madras University Volleyball team for men	03.12.2006	12.12.2006	10	Asst. Coach
28	TRI University Volleyball Championship for Men & Women	01.02.2007	10.02.2007	10	Coach

Sports Achievements of Students at International & National Level

International Level

SL. No	NAME OF THE ATHLETE	SPORTS	LEVEL	POSITION / ACHIEVEMENT	YEAR
1	Venkatesh M	Beach Volleyball	World University Games, Rio De Jenerio, Brazil	Participation	2024
2	Bharath S	Beach Volleyball	AVC Continental Cup, Bangladesh	Silver	2023
3	Bharath S	Beach Volleyball	World Beach Pro Tour, Goa	Participation	2023
4	Selvam S	Beach Volleyball	World Beach Pro Tour, Goa	Participation	2023
5	Thiyagarajan G	Beach Volleyball	World Beach Pro Tour, Goa	Participation	2023
6	Visvanth V	Kabaddi	Khelo India	Participation	2020
7	Masanamuthu L	Kabaddi	Khelo India	Participation	2020
8	Udayakumar N	Teakwando	International	Gold	2019
9	Srihdar N	Karate	International	Silver	2019
10	Sridhar N	Karate	U21 Nationals	Bronze	2019
11	Sridhar N	Karate	U21 Nationals	Silver	2018

National Level

S. No	NAME OF THE ATHLETE	SPORTS	LEVEL	POSITION / ACHIEVEMENT	YEAR
1	Naveen Kumar S	Volleyball	36 th National Games	Silver	2022
2	Naveen Kumar S	Volleyball	Senior Nationals	Bronze	2023
3	Visvanth V	Kabaddi	Junior Nationals	Participation	2020
4	Masanamuthu L	Kabaddi	Junior Nationals	Participation	2020
5	Nandhakumar S	Boxing	Inter State	Gold	2019
6	Bhuvanakarthish M	Athletics	TN Youth State	Silver	2019
7	Bhuvanakarthish M	Athletics	Tamil Nadu Junior State	Gold	2018
8	Bhuvanakarthish M	Athletics	Tamil Nadu Junior State	Bronze	2018
9	Bhuvanakarthish M	Athletics	Chennai District Junior	Silver	2018
10	Paul James R	Kho-Kho	National Rural Games	Gold	2018
11	Selvam S	Beach Volleyball	State	Bronze	2018
12	Thiyagarajan G	Beach Volleyball	State	Bronze	2018
13	Vignesh R V	Power Lifting	Chennai District	Participation	2018
14	Vignesh R V	Power Lifting	Chennai District	Participation	2018

All India Inter University

S. No	NAME OF THE ATHLETE	SPORTS	LEVEL	POSITION / ACHIEVEMENT	YEAR
1	Bharath S	Beach Volleyball	All India Inter University	Silver	2023
2	Rajesh V	Beach Volleyball	All India Inter University	Silver	2023
3	Santhosh P	Athletics	Khelo India University Games, Bangalore	Bronze	2022
4	Santhosh P	Athletics	South West Zone Inter University,	Gold	2022
5	Harish D	Athletics	All India Inter University	Gold	2022
6	Sridhar N	Karate	All India Inter University	Silver	2019
7	Chandra Kumar R	Athletics (4x400 Relay)	All India Inter University	Gold	2017
8	Rohith U	Athletics (4x100 Relay)	All India Inter University	Gold	2017
9	John Federick	Athletics (4x100 Relay)	All India Inter University	Gold	2017
10	Akash V	Athletics	All India Inter University	Gold	2016
11	Devika	Volleyball	All India Inter University	Gold	2014

South Zone Inter University

S. No	NAME OF THE ATHLETE	SPORTS	LEVEL	POSITION / ACHIEVEMENT	YEAR
1	Vimanraj Durai S	Volleyball	South Zone Inter University	Silver	2023
2	Venkatesh M	Volleyball	South Zone Inter University	Silver	2023
3	Elavarasan A	Volleyball	South Zone Inter University	Silver	2023
4	Praveen Kumar G	Volleyball	South Zone Inter University	Silver	2023
5	Youvaraj N	Volleyball	South Zone Inter University	Silver	2023
6	Selvaganapthy S	Volleyball	South Zone Inter University	Silver	2023
7	Thiyagarajan G	Volleyball	South Zone Inter University	Fourth Place	2022
8	Rohan R	Volleyball	South Zone Inter University	Fourth Place	2022
9	Naveen Kumar S	Volleyball	South Zone Inter University	Fourth Place	2022
10	Yuvaraj N	Volleyball	South Zone Inter University	Fourth Place	2022
11	Mohammed Ibrahim M	Kho-Kho	South Zone Inter University	Participation	2022
12	Thiyagarajan G	Volleyball	South Zone Inter University	Participation	2021
13	Ramesh C	Volleyball	South Zone Inter University	Participation	2021
14	Tharamadurai D	Volleyball	South Zone Inter University	Participation	2021
15	Raghunath S	Volleyball	South Zone Inter University	Participation	2021

16	Uthesh Kumar R	Volleyball	South Zone Inter University	Participation	2021
17	Vignesh D	Kabaddi	South Zone Inter University	Participation	2021
18	Nilesh P	Athletics	All India Inter University	Bronze	2021
19	Harish D	Athletics	All India Inter University	Bronze	2021
20	Sandosh P	Athletics	All India Inter University	Bronze	2021
21	Suresh B	Athletics	All India Inter University	Participation	2021
22	Anantharaman M	Kabaddi	South Zone Inter University	Participation	2019
23	Kaveri Udayar S	Kabaddi	South Zone Inter University	Participation	2019
24	Dhandayuthapani K	Kabaddi	South Zone Inter University	Participation	2019
25	Pradap D	Kabaddi	South Zone Inter University	Participation	2019
26	Viyasamuni D	Kabaddi	South Zone Inter University	Participation	2019
27	Masanamuthu L	Kabaddi	South Zone Inter University	Participation	2019
28	Viswanath V	Kabaddi	South Zone Inter University	Participation	2019
29	Thiyagarajan G	Volleyball	South Zone Inter University	Participation	2019
30	Arunkumar N	Kabaddi	South Zone Inter University	Participation	2018
31	Vinothkumar B	Kabaddi	South Zone Inter University	Participation	2018
32	Sugumar M	Kabaddi	South Zone Inter University	Participation	2018

33	Anantharaman M	Kabaddi	South Zone Inter University	Participation	2018
34	Kaveri Udayar S	Kabaddi	South Zone Inter University	Participation	2018
35	Dhandayuthapani K	Kabaddi	South Zone Inter University	Participation	2018
36	Thiyagarajan G	Volleyball	South Zone Inter University	Participation	2018

Students Sports Quota Appointment in State and Central Government.

SL. NO	NAME	GAME	YEAR OF APPT.	DEPARTMENT
1	Raghuram R T	Hockey	2022	Income Tax
2	Masanamuthu K	Kabaddi	2023	Income Tax
3	Vishvanth V	Kabaddi	2022	Central Excise & GST
4	Balaji S	Hockey	2018	Central Excise
5	Malaiarasan P	Kabaddi	2018	Central Excise
6	Shanmugam V	Hockey	2017	AGS
7	Rajkumar R	Hockey	2017	AGS
8	Thangaraj M	Hockey	2017	AGS
9	Harvey Jason F	Hockey	2017	AGS
10	Vettivel A	Kabaddi	2016	ESI
11	Hassan Basha M	Hockey	2016	Central Excise
12	Gopi Raja M	Kabaddi	2015	Postal
13	Surendraraja R	Kabaddi	2015	Postal
14	Dison P	Kabaddi	2014	Postal
15	Surender D	Hockey	2014	ICF

16	Meganathan S	Hockey	2014	Income Tax
17	Dhamu P	Hockey	2014	AGS
18	Vinoth Paulias A	Kabaddi	2013	Postal
19	Sureshkumar G	Hockey	2013	Southern Railway
20	Alex Pandiyan C	Kabaddi	2012	Vijaya Bank

UGC – Orientation & Refresher Course

S. N O	UGC - ORIENTATION/ REFRESHER COURSE	VENUE OF THE COURSE	STAR T DATE	END DATE
1	UGC Sponsored Orientation course “Information Technology” BATCH - LXIX	University of Madras, Chennai.	01.03.2005	28.03.2005
2	UGC Sponsored Refresher Course in “Talent Identification and Application of Modern Techniques and Training in Sports”.	Annamalai University, Chidambaram.	01.12.2006	21.12.2006
3	UGC Sponsored Refresher Course in “Physical Education”. BATCH IV	University of Madras, Chennai.	18.11.2010	08.12.2010
4	UGC Sponsored Refresher Course in “Physical Education and Yoga”. BATCH V	University of Madras, Chennai.	23.11.2012	13.12.2012

Summary of Journals/Resource Persons Invited Talk/ Conference Paper Presentations/attended.

S. No	Details	National	International
1	Books (Co-authored with Others)	1	-
2	Journals Publications	6	6
3	Resource Persons/Invited Lecture/Chair Person	3	-
4	Paper Presented on Conference	6	2-
5	Paper Presented on Seminar	5	-
6	Participation in Conference	2	2
7	Participation in Workshop as Delegate	2	-
8	Participation in Workshop	10	-
9	Participation in Seminar	5	-

Research publications in Journals.

S.No	Title of the Paper	Month & Year of Publication	Volume No	Issue No	Page No	ISSN NO	Impact Factor	Corresponding Author & Author in
INTERNATIONAL JOURNAL OF SCIENTIFIC RESEARCH								
1	Effect of Intermittent Training and Aerobic Exercise on Selected Endurance Parameters of College Men Volleyball Players	Aug-15	4	8	4-6	2277-8179	3.2416	YES AIP(2)

2	Relationship of Selected Physiological and Anthropometric Variables with Playing Ability Among Boys Mini National Volleyball Players	Sep-14	3	9	0-0	2277-8179	1.8651	YES AIP(2)
---	--	--------	---	---	-----	-----------	--------	---------------

GLOBAL JOURNAL OF RESEARCH ANALYSIS

3	Effects of Plyometric Training, Skill Training and Combined Training on Selected Bio-Chemical variables of Men Hockey Players	Jun-16	5	6	37-39	2277-8160	3.62	YES AIP(2)
---	---	--------	---	---	-------	-----------	------	---------------

4	Relationship of Selected Physiological variables with Playing Ability Among National Level Volleyball Players	Jun-16	5	6	42-43	2277-8160	3.62	YES AIP(2)
5	Analysis of Personality Traits Variables in Body Contact and Non-Body Contact Games of Anna University Men Players	Dec-14	3	12	0-0	2277-8160	1.5408	YES AIP(2)
6	Effect of Aerobic Anaerobic and Skill Training Packages on Dribbling Performance of University Men Soccer Players	Jan-13	2	1	39-40	2277-8160	0.2714	YES AIP(2)

INDIAN JOURNAL OF APPLIED RESEARCH

7	Effect of Plyometric Training, Skill Training and Combined Training on Speed Performance of Men Hockey Players	Jun-16	6	6	17-19	2249-555X	3.919	YES AIP(2)
8	Effect of Intermittent Training and Aerobic Exercise on Selected Speed Parameters of College Men Volleyball Players	Aug-15	5	8	51-53	2249-555X	3.6241	YES AIP(2)
9	Analysis of Selected Personality Traits Among University Women Volleyball Players	Feb-15	5	2	34-35	2249-555X	2.1652	YES AIP(2)
10	Analysis of Personality Traits Variables in Body Contact and Non Body Contact Games of University of Madras Men Players	Feb-15	5	2	36-38	2249-555X	2.1652	YES AIP(2)

PARIPEX - INDIAN JOURNAL OF RESEARH

11	Analysis of Personality Traits of Anna University Women Volleyball Players	Dec-14	3	12	77-78	2250-1991	1.6714	YES AIP(2)
----	--	--------	---	----	-------	-----------	--------	---------------

12	Effect of Aerobic, Anaerobic and Skill Training Packages on Selected Bio Motor, Components of University Men Soccer Players	Jan-13	2	1	54-56	2250-1991	0.3208	YES AIP(2)
----	---	--------	---	---	-------	-----------	--------	---------------

**Resource Persons (Invited
Talk / Session Chair Etc.)**

S.No	Title	Name of Conference /FDP	Venue	Country	Date	Role	Level
1	Modern Warmup , Stretches and Kettlebell Training	FDP	University of Madras	India	23.11.2019	Resource Person	National
2	Role of Advanced Training on Sports Performance	FDP	University of Madras	India	19.03.2018	Invited Lecture	National
3	National Conference on Physical Education and Sports – An Inter Disciplinary Approach	Conference	H.H.THE RAJAH'S College, Pudukkottai	India	23.02.2013	Chair Person	National

Paper Presented on Conferences.

S. N O	Title of the Paper	Name & Venue of Conference	Start Date to End Date
1	Analysis of Personality Traits Adaptability of Men Hockey Players	International Conference on “Sports and Nutrition: Modern Scientific Technologies to Empower Sports Personnel” Organized by Avinashilingam Institute of Home Science and Higher Education For Women, Coimbatore	08.03.2012 to 09.03.2012
2	Medicinal Plants as a Source of Treating Injuries for Sports Men	International Conference on “Better Life Better World Through Yoga with Allied Sports Sciences” Organized by Tamilnadu Physical Education and Sports University, Chennai.	16.02.2012 to 18.02.2012
3	Effect of Aerobic Exercise Development of Physical Education.. Skill Performance College Men.	National Conference on “Training, Nutrition and Analeptic Regimen on Corporeal Property and High Performance in Sports”, Organized by Bharathiar University, Coimbatore	31.03.2016 to 01.04.2016
4	Need and Importance of Physical Education & Yoga at Schools and Colleges.	National Conference on “Importance of Physical Education and Sports Science in Nation Building”, Organized by Coimbatore Institute of Technology, Coimbatore.	19.12.2014 to 20.12.2014
5	The Significance of Physical Activity and exercise for Health Well Being of Older People.	UGC Sponsored National Conference on “Physical Activities, Sports, Fitness and Dietetics - The Elixir quartet of Health”, Organized by Bishop Heber College Trichy	15.02.2014 to 15.02.2014

6	Skill Based Conditioning : A perspective from Male Volleyball Players	National Conference on “Emerging Trends in Physical Education and Sports Sciences”, Organized by Bharathidasan University, Tiruchirappalli	12.03.2011 to 12.03.2011
7	Fitness and Wellness For Junior National Volleyball Players	UGC Sponsored One-day National Conference on the “Felicitous Intertwined Trio of Physical Activities, Wellness and Sports” Organized by Bishop Heber College, Tiruchirappalli	05.02.2011 to 05.02.2011
8	How Much Sleep is Enough to A Person	UGC Sponsored National Conference on “Physical Education, Sports and the Art of Well-Being”, Organized by Bishop Heber College, Trichy.	20.03.2009 to 20.03.2009

Paper Presented on Seminar

S. N O	Title of the Paper	Name & Venue of Seminar	Start Date to End Date
1	Aqua Fitness	UGC Sponsored National Seminar on “Sound Body Sound Mind Fitness Through Yoga & Sports” Organized by GTN Arts College, Dindigul.	25.03.2015 to 26.03.2015
2	Specific Training Programme for University Volleyball Players.	UGC Sponsored National Seminar on “Training Prescription and Functional Responses on Different Population” Organized by Annamalai University, Chidambaram.	28.03.2011 to 29.03.2011
3	Visual Reaction Time Between Forward and Defense Players in Hockey	UGC Sponsored National Seminar on “Role of Modern Training in Physical Education and Sports Organized” by University of Madras Chennai.	19.03.2010 to 20.03.2010

4	Effect of Weight Training on Strength and Power of Volleyball Players.	UGC Sponsored National Seminar on “Contribution of Scientific Findings of Allied Subjects for the Promotion of Physical Education and Competitive Sports” Organized by Annamalai University Chidambaram.	10.03.2006 to 11.03.2006
5	Comparison of Wellness Among Physically Active, Inactive and Stressful Professionals.	UGC National Seminar on “Training Aspects of Health Fitness and Excellence in Sports and Games”, Annamalai University, Chidambaram	23.01.2002 to 24.01.2002

Conferences Attended

International

SL · N O	NAME OF CONFERENCE	ORGANIZED BY / VENUE OF CONFERENCE	STAR T DATE	END DATE
1	UGC Sponsored International Conference on “Honining Managerial Skills in Sports”.	Kanyakumari (Organized by Manonmaniam Sundaranar University, Tirunelveli)	20.08.2002	22.08.2002
2	International Conference and Exhibition on “Sports Technology”.	VIT Vellore	26.03.2008	27.03.2008

National

SL · N O	NAME OF CONFERENCE	ORGANIZED BY / VENUE OF CONFERENCE	STAR T DATE	END DATE
1	National Conference on “Preservation and Propagation of Indigenous Sports and Games of India”.	Maruthi College of Physical Education, Coimbatore.	28.02.2008	29.02.2008
2	National Conference on “Role of Science, Technology and Yoga in Enhancing Sports Performance and Health”.	Meenatchi Physical Education College, Thathanur	06.02.2010	06.02.2010

**Participation in Workshop / Seminar Workshop
as a Delegate**

SL · N O	NAME OF WORKSHOP	ORGANIZED BY / VENUE OF WORKSHO P	STAR T DATE	END DATE
1	Workshop on “Latest Changes & New Rules in Sports and Games”	YMCA College of Physical Education, Chennai	25.08.2009	26.08.2009
2	National Workshop on “Emerging Needs and Application of Bio Mechanics in Sports & Games”	YMCA College of Physical Education, Chennai	29.03.2010	30.03.2010

Workshop

SL · N O	NAME OF WORKSHOP	ORGANIZED BY / VENUE OF WORKSHOP	STAR T DATE	END DATE
1	UGC Sponsored National Workshop on “Research Design and Related Computerized Statistical Applications”	YMCA College of Physical Education, Chennai	18.10.2006	20.10.2006
2	UGC Sponsered National Workshop on “Interdisciplinary Approach to an Evaluation of Human Performance	Annamalai University Chidambaram	30.03.2008	31.03.2008
3	National Level Workshop On “Cardio respiratory Fitness”.	St. Joseph’s College of Engineering, Chennai	23.03,2010	23.03.2010
4	National Workshop On “Role Of Physical Education And Sports Coaching For the Promotion Of Competitive Sports”.	Tamilnadu Physical Education And Sports University, Chennai	26.03.2010	27.03.2010

5	UGC Sponsored National Workshop On “Association Of Indian Universities Sports Organization”.	University of Madras , Chennai	25.03.2011	26.03.2011
6	UGC Sponsored National Workshop On “Statistical Software Applications In Physical And Sports Science Research”	Bharathidasan University, Trichy	18.03.2012	19.03,2012
7	UGC Sponsored National Workshop on “Computer Assisted Statistical Applications for Different Experimental Designs”.	Annamalai university, Chidambaram	28.03.2012	29.03.2012
8	Sports Injury Prevention/Nutrition’s/Yoga.	Shasti Institute Of Medical sciences, chennai	27.07.2014	27.07.2014
9	UGS Sponsored National Workshop On “Geographic Information Systems For Sports Studies.	University Of Madras, Chennai.	30.03.2017	30.03.2017
10	National workshop On “Modern Coaching Strategies In Volleyball”	Virdhunagar District Volleyball Association & Kalasalingam Academy Of Research And Education, Virdhunagar	27.04.2018	29.04.2018

Seminar

SL . N O	NAME OF CONFERENCE	ORGANIZED BY / VENUE OF SEMINAR	STAR T DATE	END DATE
1	National Seminar on “Innovative Approaches to Excellence in Physical Education & Sports”	Kongunadu Arts and Science College, Coimbatore	27.02.2008	27.02.2008

2	State Level Seminar on “The Choice based credit System : Challenges and Benefits.	Justice Basheer Ahmed Sayeed College for Women, Chennai	21.04.2009	21.04.2009
3	UGC Sponsored National Seminar on “Modern Trends in Sports Medicine”.	Bharathiyar University, Coimbatore	09.04.2010	10.04.2010
4	UGC Sponsored One Day National Seminar On “Integrated Approach Towards Fitness And Wellness”.	Cauvery College, Karnataka	09.09.2015	09.09.2015
5	UGC Sponsored National Seminar on “Need of Women Fitness in Modern Era”.	Annamalai university, Chidambaram	28.03.2016	29.03.2016

EXTENSION WORKS /ASSIGNMENTS

DR.R.DESINGURAJAN

- University Of Madras Vice- Chancellor Nominee For The Post Physical Director In The Department Of Physical Education For D.G.Vaishnar College , Chennai On 04.10.2018
- Chief Guest For 6th Char .Dr.N.R.Dhanapalan Inter Collegiate Athletic Meet On 10.01.2022 Organised By Annai Violet Arts & Science College, Chennai.
- Acted As Subject Export For CAS In Department Of Physical Education Gurunanak College, Chennai.
- Acted As Subject Expert For CAS In Department Of Physical Education Loyola College, Chennai On 14.03.2022.
- Appointed As Question Paper Setter For B.Sc Physical Education, Madras Christian College, Chennai For April 2023.
- Nominated As Convenor For Madras University A-Zone Tournament And Sports Committee For 2017-2019 & 2023-2026.
- Board Of Study Member For B.Sc Physical Education, Department Of Physical Education, Madras Christian College, Chennai From 2021-2023.
- Guest Speaker For Workshop On Volleyball - Rules And Officiating On16.07.2024 At Madras Christian College, Chennai.

COACHING EXPERIENCE

- Volley ball Coach for Madras University volley ball men & Women teams from 2001 ONWARDS till date.
- Volley ball Coach for Kanchipuram District Volley ball team from 2009 to 2011.
- Won the Gold Medal in the All India Inter University Volley ball Women Championship during the Year 2014- 2015, held at SRM University, Chennai
- Won the Gold Medal in the 34th Sub - Junior National Volley ball Championship, held at Waranasi, U.P in the Year 2008.
- Won the Gold Medal in the Junior National Volley ball Championship, held at Vijayawada during the Year 2009.

ORGANIZED EXPERIENCE

- Organized Independence Day Cup & Republic Day Cup State Level Inter Collegiate Volley ball, Kabaddi, Football & Cricket Tournaments at D. B. Jain College from 2005 to till date.
- Organizing Secretary for South Zone Inter University Kabaddi women tournament, Organized by University of Madras, held at D. B. Jain College, Chennai during the Year 2011- 2012.
- Organizing Secretary for South Zone and All India Inter University Kabaddi men tournament, Organized by University of Madras held at D. B. Jain College. Chennai during the Year 2013 2014
- Organizing Secretary for South Zone Inter University Volley ball women tournament Organized by University of Madras held at D. B. Jain College, Chennai during the Year 2014- 2015.
- Organizing Secretary for South Zone and All India Inter University Football women tournament Organized by University of Madras held at D. B. Jain College, Chennai during the Year 2015- 2016.
- Organizing Committee member for Senior National Volley ball Championship for men & women during the Year 2008, 2015 and 2017.

**DEPARTMENT OF PHYSICAL EDUCATION
HOLDERS OF DOCTORATES
RESEARCH GUIDE & SUPERVISOR
DR.R.DESINGURAJAN**

S.No	Name	Year
1	G.RADHAKRISHNAN	22.06.2015
2	A.TELMAPRIYA	03.11.2017
3	N.SENTHILKUMAR	08.01.2018
4	C.RAMAN	01.02.2018
5	A.BENTO DEVARAJ	14.03.2022
6	M.SIVA	20.05.2022
7	S.SIVARAMAN	04.07.2022
8	A.ARANGANNAL	27.07.2022
9	P.KAMALAKANNAN	SUBMITTED
10	K.RAVIKUMAR	SUBMITTED
11	S.SELVAGANAPATHY	PURSUING
12	K.F.SURESH KUMAR	PURSUING
13	J.EDWIN	PURSUING